

Last Thursday of every month, 1:30-3:00

## **Family Caregiver Support Group Meeting**

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**Recognizing that caring for others is not  
only rewarding, but at times stressful.**

Does the task of taking care of a loved one have to bring on stress, lifestyle changes, or great financial problems? Or, can it be a rewarding time that brings a family closer together? This Caregiver Support Group will explore these questions and help you make the most of your care giving situation.

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**For More information on the group, transportation,  
or respite services contact:**

Aging & Disability Resource Center  
Phone: 920-849-1451

**Meeting Location: 206 Court St., Chilton, WI 53014**  
Enter on West Side of Courthouse & follow Caregiving Signs!

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**Sponsored by :**  
**Calumet County Aging & Disability Resource Center**  
**Calumet County Home Health/Hospice Agency,**  
**UW Extension Office, and the Alzheimer's Association**